

Dark Moon Ritual



Dark Moon Ritual for Hecate

When the moon is not visible in the sky, the dark moon is a potent time to connect with the energy of Hecate, the goddess of the crossroads and the night. This ritual is designed to honor Hecate during the dark moon phase and to seek her guidance, protection, and transformative power.

Materials:

- Three black candles
- A small bowl of water
- A piece of obsidian or black tourmaline
- A black cloth or altar cloth
- An offering such as incense, herbs, or a small dish of food
- Optional: Hecate-related symbols, such as keys, images, or statues

Instructions:

- Find a quiet and sacred space where you can perform the ritual undisturbed. Lay the black cloth or altar cloth on a flat surface to create your ritual space.
- Set up your altar by placing the three black candles in a triangle formation. Light them, one by one, with intention, focusing on invoking the energy of Hecate. As you light each candle, recite:
"Hecate, goddess of the dark moon's might, I call upon your presence on this sacred night. Illuminate my path with your transformative power, Guide me through shadows, in this darkest hour."
- Place the small bowl of water in the center of the triangle of candles. This represents the sacred element of water and the fluidity of transformation.
- Hold the piece of obsidian or black tourmaline in your hand, feeling its grounding and protective energy. Close your eyes and visualize a dark, starry sky above you. Imagine the presence of Hecate surrounding you, emanating strength and wisdom.
- State your intention for the ritual, whether it is seeking guidance, protection, or personal transformation. Speak from your heart, expressing your desires and aspirations. You can use the following or adapt it with your own words:
"Hecate, goddess of the dark moon's embrace, I come before you seeking

your guidance and grace. In this sacred space, I honor your might, Grant me the wisdom to navigate the darkest night."

- Take a moment to reflect on any challenges, fears, or limiting beliefs you wish to release and transform. Write them down on a piece of paper, acknowledging their presence in your life.
- Holding the paper in your hand, approach the central bowl of water. Visualize the water as a conduit for transformation, cleansing, and healing. Submerge the paper in the water, allowing it to absorb the energy of the dark moon and Hecate's power.
- Gaze into the water and speak your intentions aloud. Visualize the challenges and limiting beliefs being dissolved and transformed, replaced with strength, clarity, and empowerment.
- Place the offering on the altar, expressing your gratitude and respect for Hecate's presence. It can be incense, herbs, or a small dish of food that resonates with you.
- Spend some time in quiet meditation, opening yourself to receive any messages, insights, or guidance from Hecate. Be receptive to any signs or symbols that may come to you.
- When you feel ready, extinguish the candles, one by one, thanking Hecate for her presence and guidance. You can leave the black cloth and altar set up for the dark moon phase if desired.
- Close the ritual with gratitude and a sense of empowerment, knowing that Hecate's energy and transformative power will continue to guide you as you navigate the shadows and embrace personal growth.

Remember, rituals are deeply personal, and you can adapt this ritual to suit your own beliefs and preferences. Trust your intuition and connection with Hecate as you perform the ritual, and allow her energy to guide you through the darkness towards personal transformation and empowerment.

By: Rev. Renee Sosanna Olson

Keybearer to the Covenant of Hekate
Founder of the Sanctuary of Hecate Brimo